**Popular Topics for In-Home Gatherings**

* Women’s Health – topics to be discussed …. PMS. Energy, Mood Swings, Cravings , kicking the sugar habit, etc
* Children’s Health – Keeping Our Kids Healthy in a World of Pizza and Pop Tarts
* Healthy Home, Healthy You (Get Clean & Nutrition)
* Sports Performance, products to protect joints, hydrate, repair and build muscle, etc
* Staying Healthy Through Cold & Flu Season
* Shaklee 180 Tastings – Preparing for Swimsuit Season
* Product Showcases---a full exposure of all our products. We are doing a Spring themed one this month
* Moms on a Mission
* Happy Healthy Moms and Babies
* Spa Nights
* Everything You Want to Know About Energy but Were Too Tired To Ask
* Grand Openings ( What the Heck is Shaklee)