**Monday Night Wellness Webinars & Creating Healthier Lives Series 2015** with Master Coordinators Jo Coogan, Gary Burke, Dr Steve Chaney, Barbara Lagoni, Hannah and Allan Sharapan and guests

**8 pm central, 9 pm eastern – 35 to 45 minutes**

Monday January 19 –Nutritional Deficiencies associated with Depression and Anxiety

Jan 26 – The Power of the Profession … for Moms

A review of key benefits of home businesses as seen through the stories of successful Shaklee distributors . Each month, we will highlight a different profession or demographic that will help explain why the Shaklee business model has been such a good fit for so many.

February 2 – Presidential Master Coordinator Gary Burke and master teacher, reviewing the

key benefits of a Shaklee Home Business that has helped him and his wife, Faye, generate a $400,000 income .

Feb 9 -- NO WEBINAR – Special Master Coordinator meeting .. good time to visit the archived programs at [www.BetterHealthin31Days.com](http://www.BetterHealthin31Days.com)

Feb 16 – Top 10 Reasons to Choose Shaklee – Dr Steve Chaney

Feb 23 – The Power of the Profession .. for Teachers

This month we will hear from several teachers who will review the benefits of home businesses and how the skills they learned as educators made them particularly well- suited for

a Shaklee business … and enabled them to afford to be home with their children, earning substantially more income .. in a field critically important to teach others about prevention and wellness.

March 2 --– Presidential Master Coordinator Gary Burke and master teacher,

Who will review the key benefits of a Shaklee Home business that has helped him and his wife, Faye, generate a $400,000 income .. and the story of what he has learned along the way

March 9 – Give Your Body a Spring Detox

March 16 – Optimal Nutrition for Optimal Pregnancies

March 23 – Natural Approaches to Allergies

March 30 – The Power of the Profession .. for Health Care Professionals

April 6 – Presidential Master Coordinator Gary Burke

April 13 – Making Every Day Earth Day

April 20 -- The Auto-Immune Explosion -- Guest Linda Dietz and Beverly Willingham…. Will share their stories –Linda was diagnosed with lupus many years ago .. and the improvements she discovered through changes in diet and adding Shaklee supplements.. Beverly Willingham .. has been in remission for rheumatoid arthritis and scleroderma for years. .. Barb Lagoni and Hannah Sharapan

April 27 – The Power of the Profession .. for Empty Nesters

May 4 – Gary Burke

May 11 – Women’s Health

May 18 – Preparing for Swimsuit Season

May 25 – Memorial Day … Honoring our Fallen Veterans … NO WEBINAR

These webinars are archived at www.betterhealthin31days.com/

Contact Chris Spell to set up your own website spell@cmsinethelp.com

WEBINAR REGISTRATION  for Monday Evening Shaklee Webinars -- Creating Healthier Lives **(8:00 PM Central Time)**   
[**https://www2.gotomeeting.com/register/168936498**](https://www2.gotomeeting.com/register/168936498)  
After your one-time registration, a confirmation e-mail will thereafter be sent to you a few hours before the scheduled presentation time with link information you will need to join the forthcoming webinar..