Boo to the Flu FB event.

1. /Roll Call: Welcome and thanks for joining us tonight. We encourage you to sit back, grab a drink and some paper , relax and listen in. We will be sharing some information and tips that we have found helpful for boosting the immune system naturally and thus preventing illnesses. Please comment, like, ask questions and tell us how we can help you.

How it will work tonight is as follows: We will add posts through out the hour+ on relevant info, supplementation etc. You’ll want to hit REFRESH every couple of minutes to keep up. Also your notifications will alert you when there is a new post or comment. We will keep the posts numbered in case you want to review or come on late. You may need to scroll up and down to catch the new posts, it's easy and fun!

WIN PRIZES!!!   
You will earn points for participating in the event!   
1 point for RSVPing YES!  
1 point for attending the event  
2 points per friend that you invite that RSVP's YES  
2 points for asking a making a comment or asking a question  
3 points share a photo/video from the event on your own timeline (please tag me in that post)  
5 points for requesting the symptom assessment form & returning to us by noon on Wednesday, Oct 8th  
5 points for scheduling a consultation   
10 points for scheduling an in-home event or Facebook event

PRIZE DRAWING:  
We will keep the event open until noon on Wednesday, Oct. 8th, to give you time to schedule a consultation, book an event, return the symptom assessment form, and share a photo/video from the event on your timeline.  
\*Susan & Moyra will draw winning names (2 top point earners) at noon on Wednesday and will announce it here!   
\*\*If you were invited by another distributor she will personally contact you for prizes she will be rewarding.

1. About me. A little bit about me. I am Moyra Gorski and am a wellness consultant here in Wheaton, IL. I have 4 children, have a nursing background and been involved with Shaklee for over 14 years. I learned about Shaklee products when I was looking for solutions for the health of my oldest son who suffered from allergies and asthma. A gal I met at a local health club starting telling me that my son might have the possibility of better health if I tried Shaklee. I decided to give it a try as I was frustrated and didn’t know where to turn. I added supplements, changed our household cleaning products, tweaked our diet by added more fresh fruits, veggie, whole grains and removed the sugar and my sons health improved. As we continued to use more products, we all got healthier and felt better. I had more energy and no more foggy brain from Candida. I wasn’t looking for a business but as I started to share with other moms, they wanted to use and try what I was using so my business began. I thoroughly enjoy reaching out to others and sharing with them the possibility of better health also. Although I still respect the medical community, I have learned that making small changes in what we eat, consume and do each day can make a difference in our overall health.

4. Shaklee difference. What is Shaklee slide

We will be talking about Shaklee products tonight. Let’s talk a little bit about Shaklee as a company and why we love it so much. And first - a little bit about this wonderful company Shaklee!

Shaklee is the #1 Natural Nutrition Company in the US. We have been in business over 58 years.  
Investment of over $250 Million in Research and Development  
Over 100,000 Quality Tests Annually  
Proven Through Over 100 Scientific Papers, 90 of Which are Peer Reviewed Publications  
Average Time Customers Use Shaklee: 18 Years  
100% Satisfaction Guaranteed on ALL Products  
1st Company in the World to Be Certified Climate Neutral  
121 Medals Earned By Olympic Athletes Fueled by Shaklee

6. As we get going just follow along with the posts and learn. We encourage you to follow along with the product interest sheet that can be provided or request a symptoms assessment form. When you fill out the form, it will help us help you pin point which Shaklee products may be helpful to you.

1. 1. **NutriFeron - One of the most powerful formulas ever developed for strengthening the immune system.** Its unique, synergistic blend of plant extracts including pumpkin seeds, plantago seeds, safflower flowers and Japanese honeysuckle flower buds, can be taken daily preventatively. But if you feel you are starting to come down with a virus up to 6 per day has been shown to be very effective at heading off an infection.

* Supports and stimulates the immune system, by increasing the activity

of macrophages and inducing natural interferon production

* Optimizes immune response against environmental irritants and

airborne substances (as with allergies, asthma)

Great product! Acts like a traffic cop in the body to keep the immune system balanced. Turned on when a real threat is present, like viruses, but calm the immune system down in the case of allergies.

Even helped rede Hepatitis C virus in clinical trials

We have a great CD that really explains the benefits of Nutriferon. If you would like a copy to listen to , PM me now and I will get one sent out to you.

Two options for what to take when you are feeling your first tickle:

1 : **Defend & Resist Complex (Echinacea) –** This product you really want to keep in medicine chest and take when you feel you are coming down with something. **Echinacea** has become the most prominent herb used in the United States and Europe. It activates the immune system, promotes production of white blood cells, enhances resistance to infection, viral and bacterial, especially flu and herpes; reduces mucus. Works best when started at the onset of cold or flu symptoms. Can be used effectively for up to 10 days at a time. In addition, larch tree extract and elderberry surround viruses and prevent them from reproducing.

*We just suck on tablets to relieve sore throats, works like a throat lozenge while fighting the viruses.*

2. Vitalized Immunity: **Shaklee Vitalized Immunity**(slide of VI Buy now)

Just in Time for Cold & Flu Season

Vitalized Immunity provides nutritional support to help support your immune system

in a delicious effervescent way. My son loves this product. He says it tastes like Orange Crush….but of course it is all healthy. So many times we have used EmergenC….what we used to call the fizzy drinks. Now Shaklee has one of their own and a healthier version to boot.

Our immune systems are constantly under attack from everyday stress, pollution or poor nutrition. It’s important to help support your immune system with Vitalized Immunity™

Slide of VI with oranges.

1. Helps support your immune system

1 Vitalized Immunity has the vitamin-C power of 16 oranges

1. Naturally sweetened with monk fruit-(DELISH!)
2. With vitamin C, Echinacea, zinc, Japanese honeysuckle & ginger
3. More natural than other leading brands
4. Drop one tablet in 4-6 oz. of water, let dissolve and drink

4. Vitalizer: Building your house on a good foundation:

(slide of 3 vitalizers)

Did you know that 90% of Americans are lacking key nutrients from their diets? Do you and your family members truly get 6-9 servings of fruits and vegetables in your daily diet…heavy on the Veggies? If not, Vitalizer is the place to start. Actually, adding more veggies is the place to start…and then add the Vitalizer Strip! I like to say this is a great foundation that you can build your house of health on. With the busy lives that we all lead, this is a great supplement pac to grab and know that you are getting the nutrients you need to help fill in the gaps where your diets fall short.

(landmark study results slide)

Vitalizer is Shaklee’s vitamin pack that is a great nutritional foundation to start with. This products was developed as a result of a study called The Landmark study where UC Berkley School of Public health tested folks who has taken Shaklee supplements for over 20 years used Shaklee supplements for 20 years or more vs those who took just a multi vitamin or nothing at all.

The results showed that those who took Shaklee supplements had markedly better health. The results are here. From there Shaklee created a single strip of nutrients containing the nutrients that the study participants had been taking. Each Vitalizer strip has over 80 nutrients, bio-optimized formulations for Men, Women and Individuals over 50 (Gold)!

If you are not currently a Shaklee customer and you get started with the Vitalizer Strip, you will get a FREE membership!   
If you want to get started with the Vitalizer Strip, and a Canister of our Vitalizing Protein Smoothee mix, you can get a FREE Membership and FREE Shipping! Message me so that I can identify which type of protein would be best for you! We are going to talk about protein next

Vitalizer Strip ( post picture of strip)

This is what one strip looks like. The Women’s formulation contains Iron and is absolutely the best PreNatal or Maternity vitamin on the planet. Let me know if you would like to see our presentation “Healthy Pregnancy Healthy Babies”. The men’s strip is optimized for Prostate Health, and the Gold Strip is optimized for energy, extra heart protection and additional antioxidants.

**Protein Choices (protein slide )**

Shaklee has a few protein choices.

We want to help you find the protein that is right for you and your family.

Here is a chart and some info to look at.

All of our family loves the protein from Shaklee and of course each one has their favorite flavor. The protein is packed full of non-GMO lean protein along with fiber, essential amino acids and nothing artificial. They are easy to mix up in a blender or shaker cup and enjoy. We love to add a few ice cubes along with frozen or fresh fruit for a delicious satisfying shake.