**New Shaklee Blood Pressure**

**Helps retain Healthy Blood Pressure…**

**Along with the Shaklee Heart Smart Collection**

Living with blood pressure outside of the normal range may increase your risk of heart disease. Lifestyle, diet, and genetics all play key roles, but there are steps you can take to stay in control of your heart health. Shaklee developed a great, scientifically supported solution to help retain healthy blood pressure.\*

Two-thirds of the US population should be concerned about their blood pressure.

Living with blood pressure outside of the normal range may increase your risk of heart disease. This condition is referred to as a ‘silent killer’ by The American Heart Association because most people do not know their numbers and have no idea they’re at risk.

**Why maintaining healthy blood pressure is important**

High blood pressure is associated with increased risk of heart disease .. the #1 killer disease in the US because it increases the risk for:

* Atherosclerosis ( hardening of the arteries )
* Heart attack
* Stroke

Keeping arteries healthy and free-flowing is a significant step in prevention of heart disease.

The process of arterial damage…

1. Begins with.. **Inflammation**

* Inflammation –
* Which causes oxidation ( or what the professor calls reactive oxygen species )
* Which causes damage to the arterial wall

2. **Smooth muscle cells are stimulated to grow** … and invade the arterial wall causing narrowing of the arteries.

3. **Plaque Develops** --If cholesterol levels are elevated … then the cholesterol begins to stick to walls and cause plaque to develop.

4. **Platelets aggregate –** platelet cause the blood to clot

**Smart Heart Regimen for Prevention of Heart Disease**

* **Shaklee Blood Pressure –** relaxes smooth muscle cells… which
  + Reduces the constriction of the blood vessel
  + Which opens the arteries and improves blood flow .. of nutrients and oxygen to the cells all over the body
  + Which reduces blood pressure
* **Omega Guard Omega 3 Fatty Acid Complex --** 
  + Reduces inflammation
  + Reduces platelet aggregation ( stickiness)
  + Makes red blood cells more slippery
* **Cholesterol Reduction Complex** – if cholesterol is above 180 to 200
* **CoQ Heart**  --
  + especially if on a statin drug
  + anti-oxidant that helps prevent oxidation of LDL cholesterol into plaque

**Benefit – When you increase blood flow, you increase overall health of the body from delivering nutrients and oxygen to the cells and helping to carry away toxins and cellular waste …**

* **Brain --** can improve brain function and reduces cognitive decline
* **Muscles –** improves performance

Ingredients that produce nitric oxide in the body ( ex . arginine and citrulline ) have been used by athletes for years to improve athletic performance by improving blood flow to the muscles.

**Who will want to take Shaklee Blood Pressure**

People with elevated blood pressure looking to improve their blood pressure and heart health through natural approaches , such as:

* Maintaining a healthy weight
* Not smoking
* Increasing exercise
* Increasing fresh fruits and vegetables in the diet ( following the DASH diet )
* Reducing saturated and trans fats
* Reducing salt
* Taking the Heart Smart Collection ( Shaklee Blood Pressure, Omega Guard, CoQ and if need Cholesterol Reduction Complex ) See HealthTipsFrom the Professor.com

Made from spinach and beet powder, quercetin, Grape Extract, Potassium nitrate , Vitamin C and Magnesium.

**Blood Pressure | Item #22067 | 30 servings**

The Suggested Retail Price of Blood Pressure is $51.75, but you can save 15% on Blood Pressure and any of the Shaklee products by becoming a member—Blood Pressure member price will be $43.95. And there’s an additional 10% savings when you place it on autoship—it’s $39.55.

And another savings when you [purchase it as part of the Smart Heart Collection ( Omega Guard, Blood Pressure and Co Q Heart … item code # 89338 member price $88.85 Savings $9.00

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.