

**SUCCESS IS NOT
TO BE PURSUED;
IT IS TO BE
ATTRACTED BY
THE PERSON
YOU BECOME.**

JIM ROHN

QuotePixel.com

 **Shaklee**

If you want to have more,
you have to become more.

For things to change, you have to change.
For things to get better, you have to get better.
For things to improve, you have to improve.
When you grow, everything grows for you.

Jim Rohn

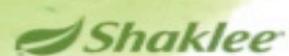
You gotta
stop
watering
dead plants

ATLANTA



Shaklee Global Conference 2017
August 9 -13, 2017 | Atlanta, GA

Register and pay in monthly installments



francine

A group of people in a gym setting, with a man in the foreground pointing directly at the camera. The man is wearing a black athletic shirt and has a serious expression. Other people are visible in the background, some looking towards the camera and others looking away. The background is a bright, open space with large windows.

POWER UP TO **DIRECTOR INCENTIVE**

OPEN TO NEW OR RE-QUALIFIED DIRECTORS
MAY 1-JUNE 30, 2017

| Power Up to Director Incentive

Promote in May	Maintain in June	Maintain in July	Attend 2017 Global Conference	Total Potential Bonus
Earn \$100	Earn \$100	Earn \$100	We match what you've earned up to \$300	\$600

Promote in June	Maintain in July	Attend 2017 Global Conference	Total Potential Bonus
Earn \$100	Earn \$100	We add \$200 to what you've earned	\$400



Women's Health Promo

- Offer includes online AutoShip orders, including a new join order that begins as an Autoship.
- This offer does not apply to orders placed through the Call Center or SBOSS7
- All members, distributors and associates are eligible for this discount

- Healthy Woman's Pack for \$140 (\$23 Savings off Member price and \$50 savings off Retail) & 100PV
- Special Item #89437
- Kit can be customized for type of Vitalizer and flavor of Life Shake
- Eligible on orders placed through MyShaklee.com and mobile.
- Includes join orders on PWS.
- Free Membership with purchase
becky

Healthy Women's Pack includes:

- Vitalizer (30 servings) – Choice of Women's, Men's or Gold
- Life Shake (15 serving canister) – Choice of flavors
- Osteomatrix (30 servings)
- Stress Relief Complex (30 servings)

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Healthy Women's Pack

HEALTHY WOMAN'S PACK

Vitalizer™ + Life Energizing Shake™ + OsteoMatrix® + Stress Relief Complex*

CHOOSE NEW SUMMER PEACH LIFE ENERGIZING SHAKE WITH YOUR PACK. WHILE SUPPLIES LAST.



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Must use item #89437 to order.



YOU

Commit to hosting multiple healthy

Commit to hosting multiple healthy women's health chats (of any size) in the month of May

SHARE 5

Share the May Health Chat with the Promo and generate 2 New Members & 3 Existing Members = 500 PV
total of 500 PV towards your business)

Identify 2 Distributors who want to do the same = 500PV X 2 = 1000PV

1.	=500 PV
2.	=500 PV

SPONSOR 1

Sponsor at least 1 New Distributor with the \$649 Pack = 500PV & \$100 Gold Bonus

Do all three: Generate 2,000 PGM

Get your entire team to do this and see how your business grows!

angie

Women's Health Focus

Healthy Women's Pack= 117 PV

PMS/ Mood Swing Pack

Vita Lea Sm	17 PV
B-complex Sm	16 PV
GLA	<u>21PV</u>
Total	56 PV

Is it Hot in Here Pack

Vita Lea Sm	17PV
B-complex Sm	16PV
Menopause Balance	<u>19PV</u>
Total	54PV



1000 PV Plan for May– Women’s Health Focus

Healthy Women’s Pack 117 PV

(Vitalizer, Life Shake, Osteomatrix, Stress Relief Complex)

Mood Swings Pack 56 PV

(Vita Lea, B-complex, GLA)

Is It Hot in Here Pack 54PV

(Vita Lea, B-complex, Menopause Balance complex)



10 Healthy Women’s Pack = **1170 NEW PV**

7 Healthy Women’s Pack + 5 Mood Swings Pack = **1099 NEW PV**

10 Healthy Women’s Pack + 5 Is It Hot In Here Pack = **1440 NEW PV**

Yay for Another Promo!!

- \$150+ order
- Has to be placed online
- Not applicable for Autoship or Sboss orders
- Thru May 18th
- Help your Autoship customers by figuring out for them which is the better deal – up to \$20 off shipping or their Autoship discounts...

Free Shipping

Get up to \$20 FREE standard shipping when you place an online order of \$150 or more.

INCLUDES
FREE
MEMBERSHIP

OFFER ENDS 5/18

New Director's Conference Report

Chad's letter





Marissa O'Neal Insights on Leadership from Chairman's Retreat May 2017

Mindset shifted Shaklee DISTRIBUTOR
to
Shaklee BUSINESS LEADER
LIFE CHANGER

Heather Chastain – in our business, our goal
is to INSPIRE ..not try to motivate.

Shaklee Strategies Forum 2017

Ideas to help us grow our businesses and ourselves in 2017

Session 7 May 9, 2017

Life Rules

Keys to

Coaching



Our Strategy Forum Team Winter 2017



Master Coordinator
Barb Lagoni



Senior Coordinator
Becky Choate



Key Coordinator
Margaret Trost



Key Coordinator
Lisa Anderson



Senior Director
Angie Thomas



Director
Francine Roling

Objectives Spring 2017 –Keys to Coaching

As we challenge ourselves this year to reach higher and think bigger, we want to learn the skills essential for developing a strong dynamic organization of leaders .

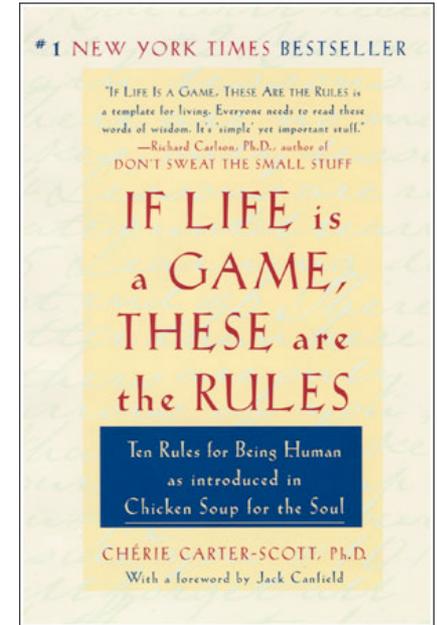
The 2 most critical skills are:

1. Identifying and ATTRACTING business partners --- Understanding the leaders we will want to become in order to attract well-qualified leaders.
2. To learn how to coach, guide, and mentor our teams to help them grow as people even as they grow their businesses.

So for the next 8 weeks, we will make a study of people .. Starting with ourselves .. And Leadership .. And the art of Coaching.

If Life is a Game, These are the Rules

- Rule #1 – You will receive a body,
- Rule #2 – You will be presented with Lessons
- Rule #3 – There are no mistakes , only lessons
- Rule #4 – A Lesson is Repeated Until Learned
- Rule #5 – Learning Does Not End
- Rule #6 – “ There” ... is no better than ... “ Here”
- Rule #7 – Others are only Mirrors of You
- Rule #8 –What you make of your life is up to you
- Rule #9 – All Your Answers Lie Within You



barb

Helen Keller

“Life is a succession of lessons which must be lived to be understood.”

barb

Rule One – You will receive a body

- You may love it or hate it, but it will be yours for the duration of your life on Earth
- **Accept** it and love it .. stop wishing it were thinner, stronger, taller, etc
- Develop positive **self-esteem** – feeling worthy and able to meet life’s challenges.. as essential as the air we breathe...comes from our core and is reflected in every action we take ...
- the essence of how we measure our worth and the most important building block in the foundation of our psyche.



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becky

Your Body is Your Vehicle for Life

- Self-esteem is ephemeral – we will have it, lose it, cultivate it, nurture it, and be forced to rebuild it over and over again.
- It is not something to be achieved and reserved .. but rather a lifelong process to be explored and cultivated.
- Respect it – “As long as you are here, live in it. Love, honor, respect and cherish it. Treat it well and it will serve you in kind.” Suzy Prudden
- Challenging in a world filled with excess and temptation
- Pleasure -- “It ain’t no sin to be glad you’re alive “ Bruce Springsteen ... open our 5 senses.. eyes to see beauty of the garden, ears to hear the joy of music, etc .. the secret to learning the lesson of pleasure ... is to make time and space for it in our lives.



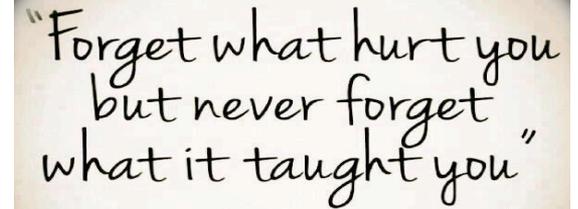
”and I said to my
body, softly. ‘ *I want to
be your friend.*’ it took a
long breath and replied,
‘ *I have been waiting my
whole life for this*’ ”

Nayyirah Waheed

Rule 2 -- You will be presented with lessons

- The meaning of life is different for each person ... each with their own purpose and path ... and we each will have unique lessons we will need to learn in order to fulfill our purpose.
- Cultivate an attitude of openness .. to learn from the lessons .. even if unpleasant. If we are resistant to the lessons, we can become angry or bitter, and this stubbornness will prevent our personal growth. lisa

Understand life is not fair ..
seek how to make the best of the
hands we are dealt.



"Forget what hurt you
but never forget
what it taught you"

grace /grās/ noun:

1. The exercise of love, kindness, compassion, mercy, favor; disposition to benefit or serve another.

Grace

- Grace – comes when we are able to move from our lower self (where ego dictates the path that “ should be” rightfully yours,) to our higher self (where we are able to transcend our ego and expand into greater good ... shifting from a me-centered reality to an understanding of the bigger picture.)
- Grace comes when we accept that the circumstances we encounter are part of a divine plan for us (that everything happens for a reason).
- Learning the lessons life presents brings us to a state of grace. lisa

Rule 3 -- There are no mistakes, only lessons

- Human growth is a process of experimentation, trial, error and ultimately leading to wisdom. You learn more from the failed experiments than from the victories.
- When we view the hardships of life... disappointments, hurts, losses, illnesses, ... and shift our perception to see them as opportunities for learning and growth, we become empowered.

becky



#3 no mistakes, just lessons cont'd

The Basic Lessons

- To ease the process of learning, we will want to learn the basic lessons of compassion, forgiveness, ethics, and ultimately humor. .. all needed to turn mistakes into valuable learning opportunities.
- Compassion – allows us to connect with others ... and set aside judging others .. We then are able to move judgment from our heads ... to our hearts ..
becky

“There are no mistakes, no coincidences. All events are blessings given to us to learn from.”

Elisabeth Kubler-Ross



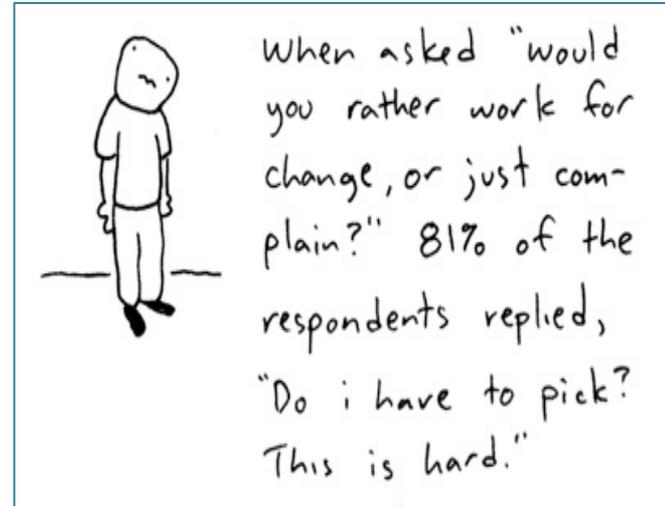
Rule 4 -- A lesson is repeated until it is learned

- We often find ourselves in similar difficult situations over and over in our lives... break-down in relationship, etc.
- Something within us keeps drawing us to the same kind of person or issue, painful though that situation or relationship may be.

The challenge is to identify and release the patterns that we are repeating. .. No easy task.. Because it means... we have to change.

We grooved our behavior a long time ago as a way to protect ourselves.

Forces us to admit that the way we have been doing things isn't working. barb





“A lesson will keep repeating itself until it is learned. Life first will send the lesson to you in the size of a pebble; if you ignore the pebble, then life will send you a brick; if you ignore the brick, life will send you a brick wall; if you ignore the brick wall, life will send you a demolition truck.”

-Oprah

Rule 4 Lessons repeat til learned – 6 Steps to Executing Change in Our Lives

1. Awareness – becoming conscious of the pattern or issue
2. Acknowledgement – admitting we need to release the pattern
3. Choice – actively selecting to release the pattern
4. Strategy – Creating a realistic plan
5. Commitment – to take action
6. Celebration – for succeeding barb

Awareness is the greatest
agent for change.

Eckhart Tolle

quotation

Examples of patterns that might be repeating until lesson is learned

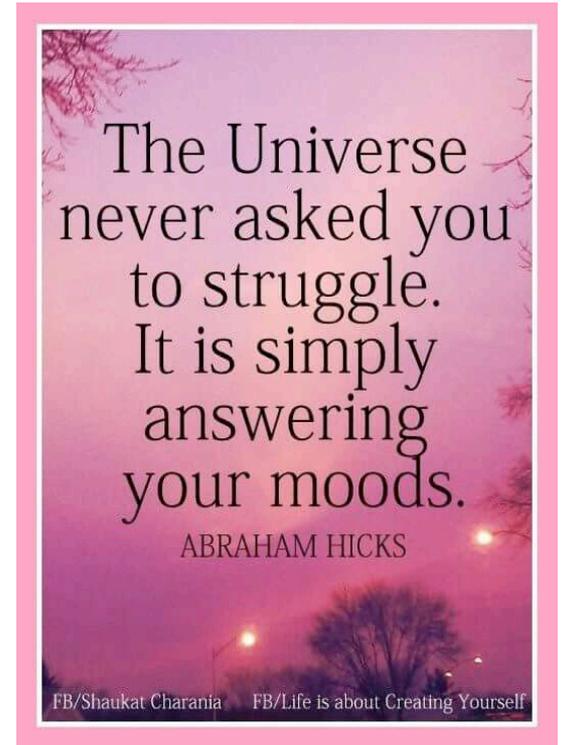
- Reoccurring arguments ... with spouses, family members, “that annoying brother-in-law”,, etc
- Lisa – managing time .. Frustration ... over and over
- Repeatedly inviting people to our business teams who have little or no communication skills, people skills, confidence, or other talents for our business model .

**Lessons will be repeated
to you in various forms,
until you learn them.**
www.catchsmile.com

#4 –Lessons repeat til learned

Everything we attract into our life ...
is coming to us because of something
we are projecting into the world...

We are, therefore, responsible
for drawing to us ... all of our
circumstances. barb



YOU HAVE A CHOICE
EACH AND EVERY
SINGLE DAY



I choose to feel BLESSED.

I choose to be GRATEFUL.

I choose to be FORGIVING.

I choose to be OPTIMISTIC.

I choose to be COMPASSIONATE.

I choose to be JOYFUL.



Rule 5 -- Learning does not end .. ever

- As soon as we figure out how to be a good parent, the children leave home and we are faced with the lesson of letting go.
- Just when we learn how to develop one Director, we are faced with a distributor with a different personality and circumstance.
- The world is constantly changing and if we want to continue to grow ... there will be continual lessons to learn. becky



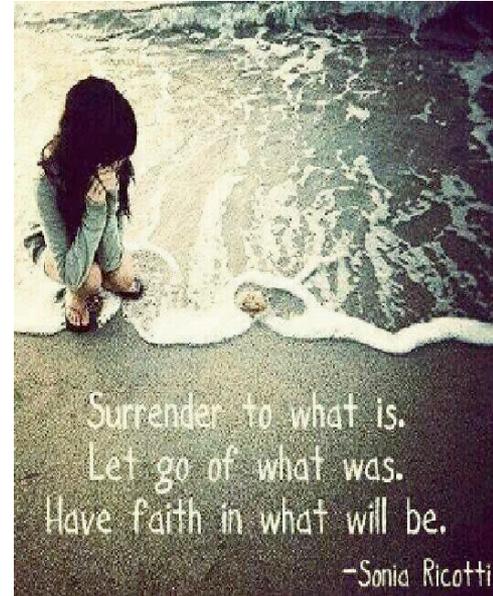
We want to learn the lessons of surrender, commitment, humility and flexibility.

#5 Learning Never Ends

Surrender – doesn't obstruct our power ...
It enhances it.

Marianne Williamson

- Surrender only signifies defeat in war. In life it signifies transcendence (going beyond ordinary limits, surpassing, exceeding).
- We need to learn to surrender to those circumstances over which we never really had any control anyway
- Life gets easier when we stop resisting and controlling it
becky



Humility

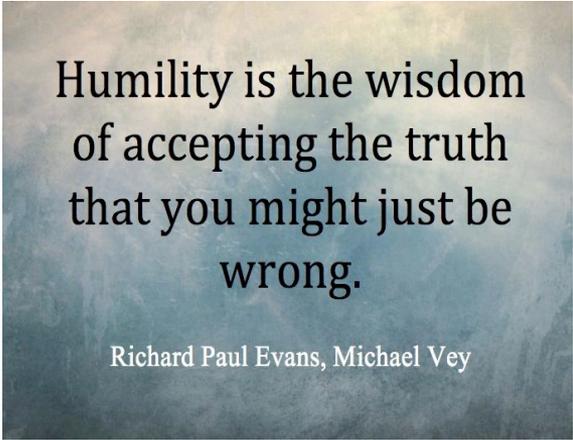
#5 learning never ends

“And when you have reached the mountain top ...
THEN you shall begin to climb.” Kahlil Gibran

Humility is a lesson that stings, for along with it usually comes some kind of loss or downfall

Flexibility

- As students of life, we want to learn to move easily from “knowingness” to not-knowingness”
 - The lesson of flexibility helps us flow with what is coming next rather than clinging to the way things are presently
 - Learn to be flexible; it makes the curves in your life path much easier to maneuver
- becky



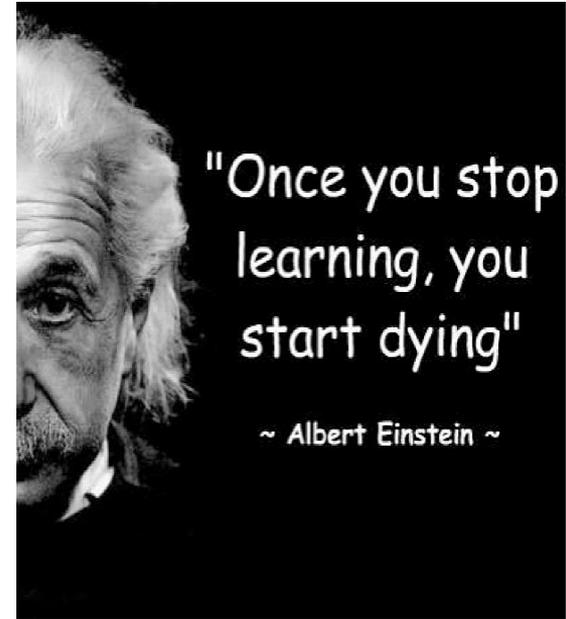
Humility is the wisdom
of accepting the truth
that you might just be
wrong.

Richard Paul Evans, Michael Vey

#5 Learning Does Not End.. Ever continued

- There is no part of life that does not contain lessons.
- We never actually finish all our lessons, for as long as we are alive, there are lessons to learn.
- While our wisdom grows and our capacity to deal with challenges expands, new lessons will present themselves.
- Embrace our role as a perpetual student of life.
- We need to convince our ego that being a student does not make us inferior

becky



Rule 6 -- “There” is no better than “Here”

- We want to learn to live in the present...even as we set goals for our future. Our life is enhanced by our dreams and aspirations. They drive us forward and enable society to evolve.
- We engage in cycles of longing when we say .. “ I will be happy when _____ ”
- But, we only have one moment – the one right here...right now. lisa

We learn to live in the present by learning lessons of...

Gratitude

Abundance

Unattachment

Peace

Gratitude

“When you stop comparing what is right here and now with what you wish were, you can begin to enjoy what is.” Cheri Huber

Gratitude allows you to fully appreciate

Ways to cultivate gratitude:

- Imagine what life would be like if you lost it all
- Make a daily gratitude list to be conscious of your blessings
- Spend time offering assistance to those
who are less fortunate
- Look for the gift in each challenging incident

lisa



Rule 7 -- Others are only mirrors of you

- Our reactions to other people are barometers of how we see ourselves
- Qualities we admire in others .. their strengths, abilities and positive attributes ... are characteristics we have already embraced within ourselves....
- Therefore, they illuminate our own feelings of self-worth.
- BUT – people we judge negatively (with anger, hurt, irritation) – may be showing us what we are not accepting about ourselves.
- When we view a weakness in another, we are being given an opportunity to extend “ the loving arm of compassion to them”. barb

You cannot love or hate something about another person unless it reflects something you love or hate about yourself

The Challenge is to shift from judging others (outer) to an exploration of ourselves (inner)

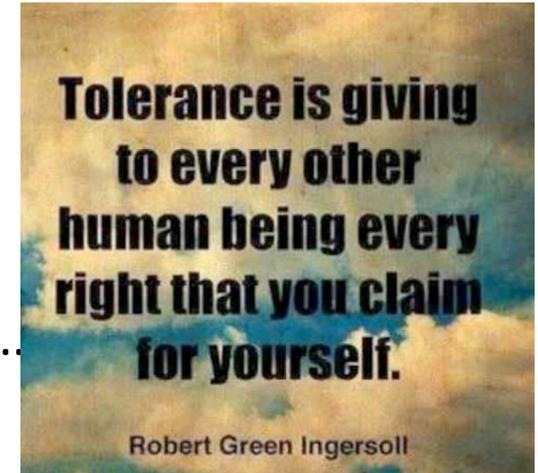
We shift away from judging others by learning :

TOLERANCE

Tolerance quiets the inner critic that chatters in our mind ..
So we can peacefully coexist with others .

Why do we judge and criticize others ... to feel better about ourselves
.. Make ourselves feel superior. ... It is covering up feelings of
insufficiency and insecurity. barb

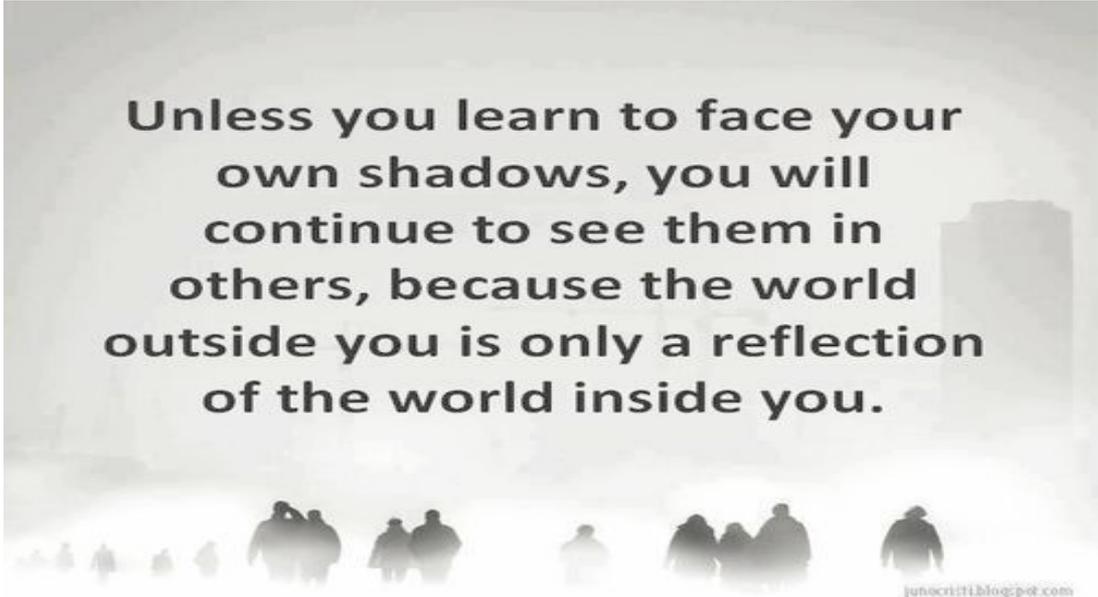
Rule 7 -- Others are only mirrors of you



Give up Judging the World!

Give up our righteous intolerance of others.

Start working on our own flaws.



**Unless you learn to face your
own shadows, you will
continue to see them in
others, because the world
outside you is only a reflection
of the world inside you.**

barb

Rule 8 -- What you make of your life is up to you

- You have all the tools and resources you need.
What you do with them is up to you.
- Authorship of our life is one of our absolute rights. lisa
- **It is not our external resources that determine our success or failure, but rather our own belief in ourselves and our willingness to create a life according to our highest aspirations.**

The challenge of Rule 8 is to create our own reality.

Responsibility

Release

Courage

Power

Adventure

"CREATE THE HIGHEST,
GRANDEST VISION
POSSIBLE FOR YOUR LIFE,
BECAUSE YOU BECOME
WHAT YOU BELIEVE."

OPRAH WINFREY

Responsibility

“We have to accept the consequences of every deed, word and thought throughout our lifetime.”
Elisabeth Kubler-Ross

- To take responsibility we must admit our accountability and acknowledge our influence and role in the circumstances in which we find ourselves.
- We answer for our behavior and fully accept consequences created by our actions.
- Blame implies fault; responsibility implies ownership. Blame is stagnant; responsibility propels you forward and onward to your greater good

Release- “Learn to let go. That is the key to happiness.” Buddha

In every situation , you can either take responsibility and attempt to cause things to happen, or you can let go. Neither option is better or worse. Every situation is different.
lisa

Rule 9 -- All your answers lie inside of you

All you need to do is look, listen, and trust.

- Listening barb
- Trust
- Inspiration --“In the midst of our daily lives, we must find the juice to nourish our creative souls.” -Sark

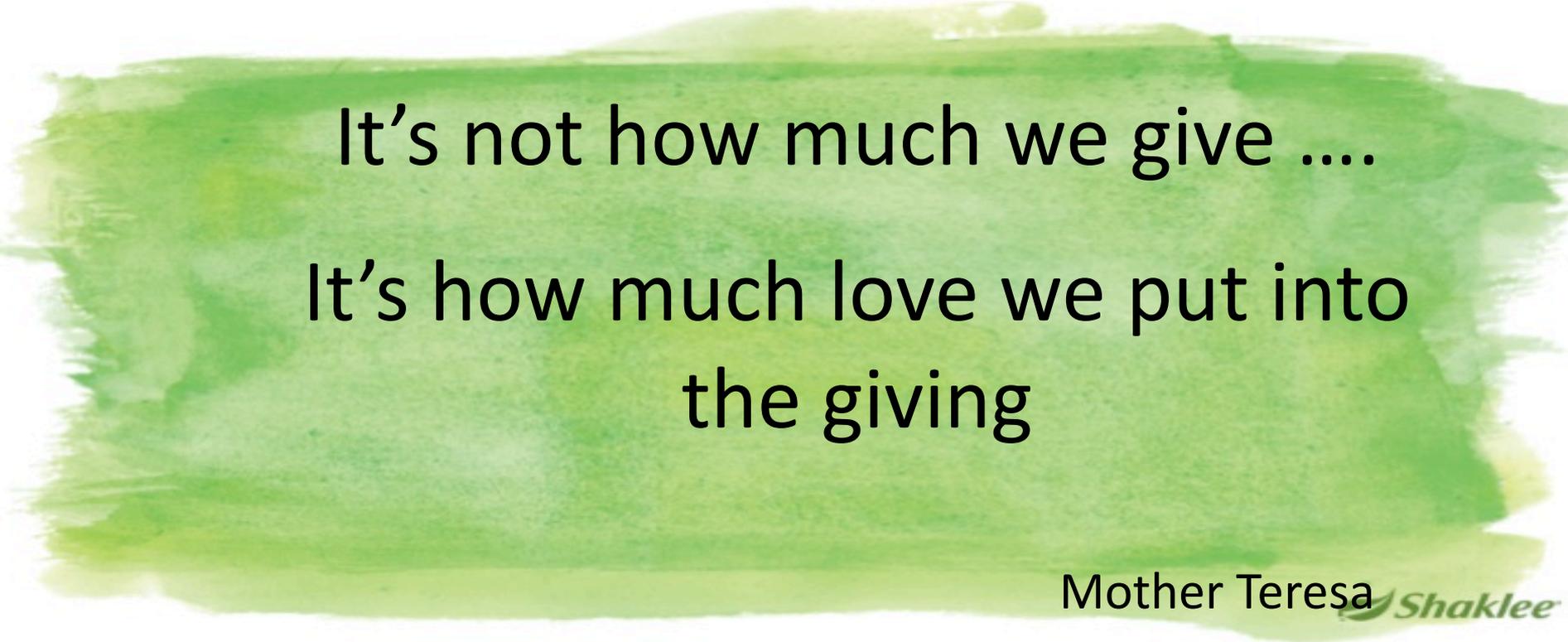


A bird sitting in a tree is not afraid of the branch breaking, because her trust is not in the branch, but in her own wings.



Action Steps—Pick a “Rule” to work on

- Review the Rules for Being Human ... and begin to work on one aspect of your life that you would like to change .
- There is a lot of stuff in today’s session ... the purpose was not to overwhelm.. But to begin the process of raising our awareness .. To help us become even more of the people we are meant to be.
- And ... check out the precall 1000 PV generating ideas for May and Women’s Wellness. .. And ask yourself .. “what if I actually did create a plan that would increase my volume by 1000 PV this month ? “What would that mean for your bonus check? Your rank? Your qualifications?”
- Who can you help in your downline or among your customers to generate 1000 new PV themselves?



It's not how much we give
It's how much love we put into
the giving

Mother Teresa 

May Schedule

Tuesday May 15 – HealthPrint System for Developing new Customers

BREAK

Watch Learning From the Masters and Friends FaceBook page for dates for Updated 8 Weeks to Director in June and July



XXXX.

Shaklee Video & Audio Archives

This webinar is archived on BetterFutureStartsToday.net



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#4 Lessons Repeated Until Learned continued

- Willingness-“Life doesn’t require that we be the best-only that we try our best” H. Jackson Brown Jr.

The real secret to being able to change is the willingness to do so. WANT leads to CHOICE, which leads to COMMITMENT....SHOULD leads to DECISION, which leads to SACRIFICE. Desire/want bring about commitment and change
- Causality-our circumstances are a result of our actions/behavior
- Patience-“Be patient. You’ll know when it’s time for you to wake up and move ahead.”
 - Ross Dass Patience is a display of tolerance while awaiting an outcome. We are faced with lessons in patience when we try to change. lisa

#7 Tolerance

“Everything that irritates us about others can lead us to an understanding of ourselves.”
Carl Jung

- Tolerance is the outward extension of acceptance
- We will need to learn tolerance in order to coexist peacefully with others.
- Whenever you find yourself intolerant of someone, ask yourself “What is the feeling underneath this judgment that I don’t want to feel?” It might be discomfort, embarrassment, insecurity, anxiety, or some other feeling of diminishment that the person is evoking in you.
- Focus on actually feeling that feeling so that your intolerance can evaporate, and you can embrace both your own emotions and the actions of behavior of the person you are judging.

Rule 7 -- Others are only mirrors of you

7 Clarity

“Once in a while you get shown the light in the strangest of places if you look at it right.”
Jerry Garcia

As you begin to view others as mirrors of yourself, it is as if you move into a new reality in which you experience life with astonishing crystal vision.

Healing

Every negative experience is a change to heal something within yourself.

Other people’s positive perceptions of us can heal any damage in our self-esteem

Also...we can learn to heal wounds the moment they are triggered in the present moment, by dealing with the feelings that surface in certain difficult situations

#7 Support

- Support is holding up from underneath. You support someone when you willingly step forward to strengthen, energize and help them through a challenging time. Yet the great irony is that when you support others, you are also, in fact, supporting yourself.
- When you withhold support from others, it is usually an indicator that you are also withholding support from yourself.

Adventure

“Life is either a daring adventure or nothing at all.”

Helen Keller

Since what you make of your life is up to you, you can either create a life filled with miraculous adventures or stay huddled and safe, never experiencing the joyful rush of journeying outside your world with boldness and abandon.

“Whatever you can do, or dream you can, begin it. Boldness has genius, power, and magic in it.”

Goethe

Rule 8 -- What you make of your life is up to you

Listening

“Consciousness is nothing but awareness—the composite of all the things we pay attention to.” Deepak Chopra

Listening is actively focusing on what message you are receiving

Trust

“Trust thyself; every heart vibrates to that iron string,”

- Ralph Waldo Emerson

Once we learn to listen to our messages, we then move to the next, deeper level of growth: trusting those messages.

We learn the lesson of trust when we take a leap of faith and believe that our inner knowing is guiding us toward our greater good. barb

Rule 9 -- All your answers lie inside of you

Unattachment

Rule 6 There not better than here”

“Perhaps the hardest lesson to learn is not to be attached to the results of our actions.”
Joan Borysenko

Unattachment is the release of need or expectation with a specific outcome.

We struggle to make circumstances to bend to our desires

We are destined to suffer unless we give up our attachment to things working out exactly as we would like

Abundance

- “The richest person is the one who is contented with what he has.” Robert C. Savage
- One of the most common human fears is scarcity-being afraid of not having enough.
 - Many people are always striving to get to the day where they have everything “all set”
Does anyone ever get there??
 - Abundance means all things are possible and there is more than enough of everything for everyone, right here and now.
 - As we shift our focus from some point in the future to the present, we are able to fully see the riches and gifts we already have, and thus learn the lesson of abundance.

Rule 6 There not better than here”

Peace

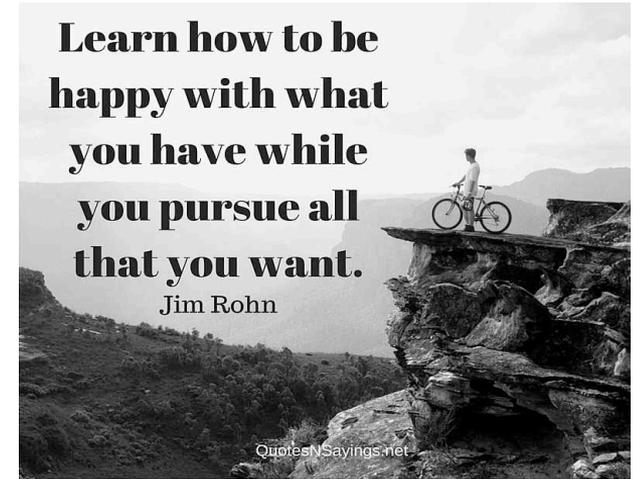
“There is nothing to do but be.” Stephen Levine

Living in the present brings peace

Relaxing into the present puts you in the mental and physical state of calm, quite and tranquility and finally get us off the here-but-gotta-get-there treadmill.

We must pause from time to time to be fully rooted in the moment and feel the peace that results.

Rule 6 There not better than here”



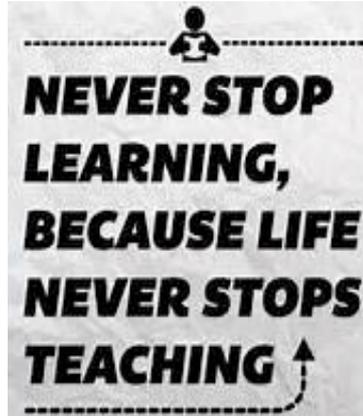
#5 Learning Never Ends

Commitment

“Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time.”

Thomas Edison

- Commitment means devoting ourselves to something or someone and staying with it--no matter what.
- A good student will always be a shining example of commitment
- We need to commit to learning and mastering all our lessons



OK Courageous Leaders .. Time for Action!

- Time to set May Goals !!
- And create a Plan to generate 1000 NEW PV !

- XXXX

Rule 1 – You will Receive a Body

- The Challenge of Rule One is to make peace with your body so that it can effectively serve its purpose and share its valuable lessons of **acceptance, self-esteem, respect, and pleasure.**
- We must learn these basic principles before we can journey successfully through life

“No one can make you feel inferior without your consent.”
Eleanor Roosevelt

Acceptance

“I find that when we really love and accept and approve of ourselves exactly as we are, then everything in life works.” Louise Hay

Lesson--Embrace what life presents with a good attitude

Learn to love our parts-and be grateful for them

Acceptance of our body is essential for emotional and physical well being

It is good/healthy to desire to improve our bodies but must come from a place of self love, not a feeling of inadequacy